

March 2023


SOUTHVIEW
 SENIOR COMMUNITIES



Embracing life. Enriching lives.

Inver Glen Senior Living

7260 South Robert Trail Inver Grove Heights, MN 55077

Chef / Reservations: 651-312-5805

Email: chef@inverglenseniiorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement	Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper	1 Noontime Dinner <i>Homemade Meatloaf</i> OR <i>Brailed Cod</i> Evening Supper <i>Scalloped Potato & Ham Casserole</i> OR <i>Italian Cold Cut Sandwich</i>	2 Noontime Dinner <i>Sesame Chicken</i> OR <i>Crab Ravioli</i> Evening Supper <i>Cobb Salad</i> OR <i>Biscuits and Sausage Gravy</i>	3 Noontime Dinner <i>Swiss Steak</i> OR <i>Chicken Stir Fry</i> Evening Supper <i>Sausage Tortellini in Rosa Sauce</i> OR <i>Open Faced Tuna Melt</i>	4 Noontime Dinner <i>Fire Braised Pork Ribs</i> OR <i>Beef Stew</i> Evening Supper <i>Sloppy Joe with Chips</i> OR <i>Chicken Alfredo Pizza</i>
5 Noontime Dinner <i>Apple Brie Chicken</i> OR <i>BBQ Beef Brisket</i> Evening Supper <i>Chicken Wild Rice Casserole</i> OR <i>Roast Beef and Cheddar Sand.</i>	6 Noontime Dinner <i>London Beef Broil</i> OR <i>Bacon Cheddar Chicken</i> Evening Supper <i>Belgian Waffle</i> OR <i>Beef Taco Salad</i>	7 Noontime Dinner <i>Beer Battered Shrimp</i> OR <i>Spaghetti Supreme</i> Evening Supper <i>Pecan Chicken Salad</i> OR <i>Triple Cheese Grilled Cheese</i>	8 Noontime Dinner <i>Fried Chicken</i> OR <i>Pork Prim Rib</i> Evening Supper <i>Beef Chili</i> OR <i>Classic Ryeben</i>	9 Noontime Dinner <i>Hawaiian Ham Steak</i> OR <i>Grilled Beef Tenderloin</i> Evening Supper <i>Old-Fashioned Chicken Salad</i> OR <i>Denver Scrambled Eggs</i>	10 Noontime Dinner <i>Fish & Chips</i> OR <i>Rosemary Roast Pork Tenderloin</i> Evening Supper <i>Chicken Fried Rice</i> OR <i>Deep Fried Fish Sandwich</i>	11 Noontime Dinner <i>Swedish Meatballs</i> OR <i>Chicken Cordon Bleu</i> Evening Supper <i>Loaded Baked Potato</i> OR <i>Chicken Tenders</i>
12 Noontime Dinner <i>Stuffed Cabbage Rolls</i> OR <i>Chicken Stuffed Cannoli</i> Evening Supper <i>French Bread Cheese Pizza</i> OR <i>Mac & Cheese</i>	13 Noontime Dinner <i>Crunchy Onion Chicken</i> OR <i>Beef & Broccoli Stir Fry</i> Evening Supper <i>Bacon Cheddar Burger</i> OR <i>Boneless Chicken Wings</i>	14 Noontime Dinner <i>Beef Tips in Gravy</i> OR <i>Chicken A La King</i> Evening Supper <i>Chicken Pot Pie</i> OR <i>Cold Cut Combo</i>	15 Noontime Dinner <i>Liver & Onions</i> OR <i>Hawaiian Chicken</i> Evening Supper <i>Chicken Caesar Salad</i> OR <i>Meatball Sub</i>	16 Noontime Dinner <i>Jager Schnitzel</i> OR <i>Korean Beef Short Ribs</i> Evening Supper <i>Beef Ravioli</i> OR <i>Tempura Shrimp Salad</i>	17 St Patrick's Day  Noontime Dinner <i>Corned Beef & Cabbage</i> OR <i>Fresh Salmon w/ Dill Hollandaise</i> Evening Supper <i>Chicken Enchilada</i> OR <i>Guinness Steak Pie</i>	18 Noontime Dinner <i>Stuffed Green Peppers</i> OR <i>Breaded Pork Patty</i> Evening Supper <i>Pancakes</i> OR <i>Pulled Pork Sandwich</i>
19 Noontime Dinner <i>Beef Pot Roast</i> OR <i>Maple Ham</i> Evening Supper <i>Beef Goulash</i> OR <i>Ham & Swiss Sandwich</i>	20 Noontime Dinner <i>Country Style Pork Ribs</i> OR <i>Chicken Chow Mein</i> Evening Supper <i>Coconut Shrimp Salad</i> OR <i>Bourbon Glazed Chicken</i>	21 Noontime Dinner <i>Pork Chops in Gravy</i> OR <i>Pan Fried Barramundi</i> Evening Supper <i>Chicken Parmesan</i> OR <i>Hamburger Gravy</i>	22 Noontime Dinner <i>Chicken Fritter</i> OR <i>Salisbury Steak</i> Evening Supper <i>Classic Lasagna</i> OR <i>Beef Pot Pie</i>	23 Noontime Dinner <i>Chicken & Dumplings</i> OR <i>Beef Short Ribs</i> Evening Supper <i>Wisconsin Beer Bratwurst</i> OR <i>Chicken Wild Rice Soup</i>	24 Noontime Dinner <i>Stuffed Manicotti</i> OR <i>Butterfly Breaded Shrimp</i> Evening Supper <i>Chicken Salad Sandwich</i> OR <i>Shepard's Pie</i>	25 Noontime Dinner <i>Spaghetti & Meatballs</i> OR <i>Chicken Kiev</i> Evening Supper <i>Ham Salad Sandwich</i> OR <i>Beef Noodle Casserole</i>
26 Noontime Dinner <i>Hashbrown Casserole</i> OR <i>Lemon Pepper Tilapia</i> Evening Supper <i>Chicken Penne Ala Vodka</i> OR <i>BLT on White</i>	27 Noontime Dinner <i>Sugar Cane Shrimp</i> OR <i>Supreme Chicken</i> Evening Supper <i>Smoked Sausage & Spätzle</i> OR <i>Chicken Wings</i>	28 Noontime Dinner <i>New England Breaded Cod</i> OR <i>Sliced Bistro Steak</i> Evening Supper <i>Turkey Garden Club</i> OR <i>Catfish Nuggets</i>	29 Noontime Dinner <i>Dijon Baked Salmon</i> OR <i>Maple Glazed Pork Tenderloin</i> Evening Supper <i>Mushroom & Swiss Burger</i> OR <i>Italian Macaroni Hotdish</i>	30 Noontime Dinner <i>Herb Roasted Chicken</i> OR <i>Open-faced Turkey Sandwich</i> Evening Supper <i>Apple Fritter French Toast</i> OR <i>Chicken Quesadilla</i>	31 Noontime Dinner <i>Beef Prime Rib</i> OR <i>Beer Battered Walleye</i> Evening Supper <i>Lasagna Roll-up</i> OR <i>Seafood Salad Platter</i>	15-Mar Made to Order Breakfast Main Dining Room 8 AM - 9 AM 