

February 2019



Inver Glen Senior Living
 7260 South Robert Trail Inver Grove Heights, MN 55077
 Chef / Reservations: 651-312-5805
 Email: tomh@inverglenseniiorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>				<p>1</p> <p>Noontime Dinner Fish and Chips OR Roast Beef</p> <p>Evening Supper Egg Salad on a Croissant OR Scalloped Potatoes and Ham</p>	<p>2</p> <p>Noontime Dinner Pork Tenderloin OR Swedish Meatballs</p> <p>Evening Supper BBQ Bacon Burger OR Pizza</p>
<p>3</p> <p>Noontime Dinner Chicken Cordon Bleu OR Orange Roughy</p> <p>Evening Supper Beef Taco Salad OR Pulled Pork Sandwich</p>	<p>4</p> <p>Noontime Dinner Chicken A La King or Maple Brown Sugar Ham</p> <p>Evening Supper Steak and Feta salad OR Grilled Turkey and Cheese</p>	<p>5</p> <p>Noontime Dinner Liver, Onions & Bacon OR Sesame Chicken</p> <p>Evening Supper Ham Stacker Sandwich OR Asian Shrimp Salad</p>	<p>6</p> <p>Noontime Dinner Braised Beef Tips OR Roasted Turkey</p> <p>Evening Supper Blueberry Pancakes OR Chicken Noodle Casserole</p>	<p>7</p> <p>Noontime Dinner Chicken A La King OR Kielbasa and Kraut</p> <p>Evening Supper Open Faced Roast Beef Sandwich OR Chimichanga</p>	<p>8</p> <p>Noontime Dinner Korean BBQ Ribs OR Citrus Poached Salmon</p> <p>Evening Supper Chicken Salad Sandwich OR Fish and Chips</p>	<p>9</p> <p>Noontime Dinner Fried Chicken OR Beef Pot Roast</p> <p>Evening Supper Egg, Sausage & Cheese Muffin OR Meatball Sandwich</p>
<p>10</p> <p>Noontime Dinner Stuffed Green Peppers OR Cracker Crusted Haddock</p> <p>Evening Supper Boneless Chicken Wings OR Tuna Melt</p>	<p>11</p> <p>Noontime Dinner Country Style Ribs OR Lobster Stuffed Sole</p> <p>Evening Supper Chicken Pot Pie OR Brisket Sandwich</p>	<p>12</p> <p>Noontime Dinner Bone in Chicken Breast OR Chow Mein</p> <p>Evening Supper Smoked Turkey Torta OR Toasty Dogs</p>	<p>13</p> <p>Noontime Dinner Salisbury Steak OR Chicken Pasta with Vodka Sauce</p> <p>Evening Supper Hamburger Gravy OR Ham Salad Sandwich</p>	<p>14 Valentine's Day</p> <p>Noontime Dinner Beef Short Ribs OR Baked Pork Chops</p> <p>Evening Supper Surf and Turf OR Valentine Supper</p>	<p>15</p> <p>Noontime Dinner Pan Fried Perch OR Stuffed Cabbage Rolls</p> <p>Evening Supper Stromboli OR Vegetable Quiche</p>	<p>16</p> <p>Noontime Dinner Spaghetti and Meatballs OR Pork Roast</p> <p>Evening Supper Sausage, Egg, & Potato Skillet OR Tuna Noodle Salad</p>
<p>17</p> <p>Noontime Dinner Ham OR Chicken Kiev</p> <p>Evening Supper BLT Sandwich OR Cheese Burger</p>	<p>18</p> <p>Noontime Dinner Beef Roast OR Champagne Chicken</p> <p>Evening Supper Roast Beef & Cheddar Bialy OR Loaded Nachos</p>	<p>19</p> <p>Noontime Dinner Shrimp OR Smoked Beef Brisket</p> <p>Evening Supper Grilled Ham And Cheese OR Chicken Wings</p>	<p>20</p> <p>Noontime Dinner Apple Walnut Stuffed Chicken OR Swiss Steak</p> <p>Evening Supper Jumbo Hot Dog OR Cold Turkey Sandwich</p>	<p>21</p> <p>Noontime Dinner BBQ Chicken Drum Sticks OR Beef Stroganoff</p> <p>Evening Supper Chicken Salad Plate OR Hot Dago</p>	<p>22</p> <p>Noontime Dinner Chicken Alfredo OR Orange Roughy</p> <p>Evening Supper Frankfurter Mac. & Cheese OR Chicken Tenders</p>	<p>23</p> <p>Noontime Dinner Meatloaf OR Pork Loin</p> <p>Evening Supper Turkey Club OR Tator Tot Hot Dish</p>
<p>24</p> <p>Noontime Dinner Chicken Parmesan OR Lemon Pepper Cod</p> <p>Evening Supper Chef Salad OR Chicken Fritter</p>	<p>25</p> <p>Noontime Dinner Stuffed Manicotti OR Shrimp Scampi</p> <p>Evening Supper Mushroom Swiss Burger OR Popcorn Shrimp</p>	<p>26</p> <p>Noontime Dinner Boneless Short Ribs OR Fried Pork Chops</p> <p>Evening Supper French Bread Pizza OR French Toast</p>	<p>27</p> <p>Noontime Dinner Beef Tenderloin Steak OR Citrus Glazed Salmon</p> <p>Evening Supper Tuna Stuffed Tomato OR Hot Meatloaf Sandwich</p>	<p>28</p> <p>Noontime Dinner Hunters Chicken OR Pork Prime Rib</p> <p>Evening Supper Pork Fritter OR Lemon Chicken</p>	<p>2/26/2019</p> <p>Made to Order Breakfast Main Dining Room 8 AM - 9 AM</p>	